

INTERNATIONAL SCHOOL OF COMMUNITY BUILDING

PROGRAM 2023



About us...

Our NGO *enriquezArte* is a spanish NGO attending families in situation of vulnerability in the city of Barcelona in Spain. Our main method consist in building communities and network of solidarity through volunteership and profesional training.

We believe stuying does not only take place in the classroom. Therefore, we strive for our students to have a high degree of reality in their training. Through exposure to real world issues and a solution oriented mindset, students grow their capacities by reflecting on their lived experience – this is what we call “Each one teach one & Learning by Doing”.





Goal of the Program

The objective is profesional and personal growth thanks to :

- Dynamic and original methodologies,
- Study, live, volunteer and work with people from all over the world,
- Creation of solidarity networks of volunteers as new entrepreneurial networks.

How do we achieve these objectives?

- Project based on:
 - General content = community coherence, ethics and sustainability
 - Personal content = expectations, projects and personal concerns
- Space for personal development based on values, attitudes and community methods
- Co-construction of a community project that contributes to conscious, participatory and meaningful learning for the entire community
- Solidarity and cooperation" skills as axes of personal development
- Routines of mental and physical balance

Training Plan

The EnriquezArte training requires a circulation in the community.
Each person dedicates 35 hours a week to community life, distributed as follows:

- 7 hours in lecture classes (work circles).
- 16 hours in thematic guided practices.
- 7 hours in community building (community living tasks + meetings).
- 5 hours of coexistence (cleaning and care of the living spaces).

The pedagogy is divided into 5 main transversal areas:

- 1 – Definition of Volunteering and Community Building
- 2 – Management of volunteer teams of community
- 3 – Economic model of Community Building and volunteering
- 4 – Build and lead a community
- 5 – Reflection on the difficulties encountered

The courses are divided into 5 main specific areas:

- A – Maintenance, hygiene, logistics and security
- B – Recruitment and human resources management
- C – Food and kitchen management
- D – Administration, laws and finance/accountings
- E – Community Communication and Marketing

WATCH THE PRESENTATION OF THE SCHOOL



<https://youtu.be/1vJao-7vZ2k>

Learning Schedule

01 Week

Community rules and behaviors

02 Week

Sustainability – Recycling

03 Week

Communication management

04 Week

1st session – Feedback 360

05 Week

Sustainability – Consumption

06 Week

Community expression workshop
Module 1

07 Week

2nd session – Feedback 360

08 Week

Food handling

09 Week

Sustainability – Food

10 Week

Respect for my body

11 Week

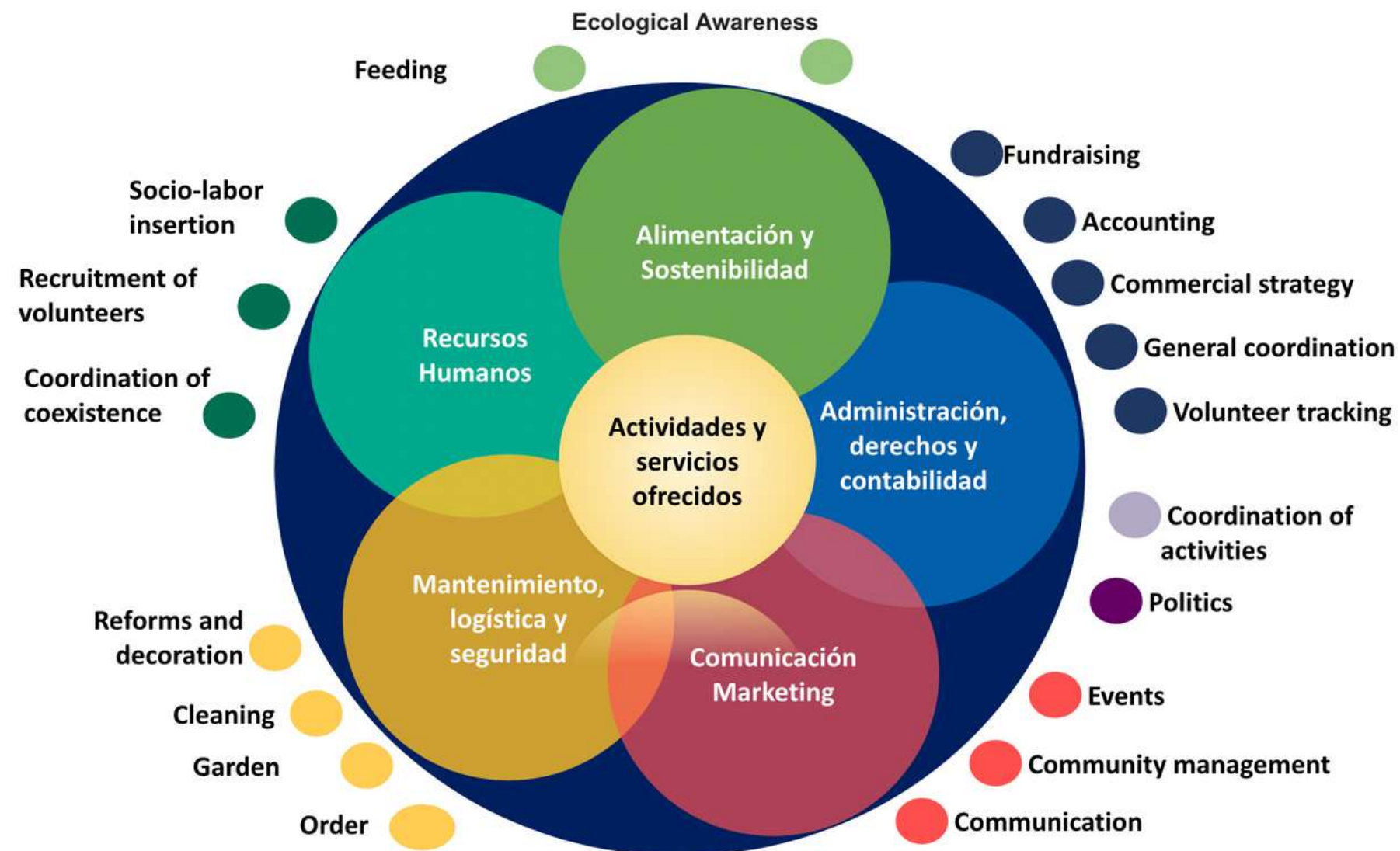
Community expression workshop
Module 2

12 Week

3rd session – Feedback 360

Areas of Work

To learn to live in community and develop personal skills, we use the 'learning by doing' method. method (learning by doing): godfathers and godmothers will support you in your personalized personal development, recommending you to focus on one of the circles proposed below. Depending on your skills and interests, you can consider changing circles each month to experience several of the five categories proposed: human resources (HR), administration & accounting, food & sustainability, communication & marketing, and maintenance & logistics.



Management
<ul style="list-style-type: none"> Fundraising: Respond to the call for tenders, seek how to benefit from the municipalities in general. Accounting: Update cash flow. Commercial strategy: Imagine the financial development of the center General coordination: Coordinate the missions of the volunteers and the life of the center between them. Follow-up of the volunteers: Ensure the correct integration of each.
Activities
<ul style="list-style-type: none"> Conception and internal coordination of activities with economic viability: Ensure that the planning of activities is functional, ensure communication with the promoters, resources available to the partners. Community work: Participate in meetings with other entities, make the association known to politicians to involve institutions and authorities.
Communication-Marketing
<ul style="list-style-type: none"> Events: Imagine and create events to animate the center and bring more people. Community management: Animate the life of the center on social networks, publish information about the workshops, answer questions on messenger or whatsapp. Communication: Ensure good communication between volunteers and promote the activities of the center.
Human Resources
<ul style="list-style-type: none"> Social and Labor Insertion: Integrate the individualized project of each volunteer within the activities of the NGO. Recruitment of volunteers: Post job offers on volunteer sites, respond to people who want to volunteer. Coordination of coexistence: Make sure that everyone feels integrated, in the life of the center, of the city and among the volunteers. Make the planning of coexistence, make sure that all the volunteers participate.
Maintenance
<ul style="list-style-type: none"> Reforms and decoration: Maintain the center and carry out reforms to improve it (mortar, paint, ...). Hygiene: Clean the common spaces and the rooms where the workshops take place. Garden: Take care of the plants in the garden, make sure they feel good! Sort: Sort all the things in the center (donations, painting material, wood, tools, food...) in a smart way so that they are easy to find.
Food and sustainability
<ul style="list-style-type: none"> Food Bank: From collection to distribution, all logistics, administration and food safety regulations. Sustainable, healthy and supportive restoration: Managing a restaurant from A-Z Ecological awareness: To the day in each act to be in a continuous improvement.



Invest in your future!

The rationale behind this program is that learning about community life should be a must from an early age. The world has many problems because we do not know how to live together. Many of the conflicts in the world, whether they be conflicts between families, friends, couples, countries, come from a lack of teaching community life.

This formation is not reserved for those who wish to live in community: we all live in community by the way we are linked in society. Sharing on good terms generates well-being: community life teaches you to appreciate the positive and trains you to avoid misunderstandings and social unpleasantness.

The NGO enriquezArte offers you a community life with personalized and multilingual pedagogy. The fee includes all training, accommodation in dormitories for 2 or 4 volunteer students, and meals in our restaurant: elpatiobarcelona.org.

Our spaces



Our accommodations



Our Workshops

Ongoing activites:

- Community garden - We have a "community garden" that provides a green space to create and respect nature.
- Arts - enriquezArte is open to artists studying painting, drawing, photography, collage, etc. It provides an opportunity to exhibit your art.
- Food Bank - "Wealth is not in money but in people". In enriquezArte we believe in this slogan because we have an economic vision that benefits people of limited resources. We provide support with a weekly food bank.
- Collective intelligence - Group dynamics with the objective of facilitating personal and personal and community development based on different cognitive and emotional themes.
- Community library - enriquezArte has a book area where anyone can take a book where anyone can take a book and leave a book.
- Cacao Ceremony - Celebration of the sacred healing powers of cacao. healing powers of cacao. It allows you to connect with yourself and others, promote healing, creativity, mindfulness and joy, as well as stimulating positivity and joy, as well as stimulating positivity.
- Open Mic - Singing night to showcase your talent and have fun performing live. performing live.
- Weekend, Easter, summer and Christmas camps - Recreational and sports activities, handicraft and language workshops for children between 5 and 15 years old.
- Rental of spaces for events - We rent our 'Casal de Barri' for events. We also offer additional services such as bouncy castles, workshops with entertainers, face painting, and photography; we decorate the room and have catering service.
- Personal development conferences - Open discussion tables touching on different points and topics of community interest. To encourage reflection on different issues and create group knowledge. knowledge.



The workshop leader conducts his or her workshop in a professional manner and expects participants to have a constructive attitude. The workshop leaders are professional volunteers from the district, as well as those who join us in the activities we organize every day. participate in the activities we organize on a daily basis.

The workshops offer sports, artistic, wellness and personal development activities, wellness and personal development activities:

- Morning yoga
- MBSR meditation
- Martial arts and self-defense
- Climbing
- Salsa
- Yoga
- Sevillanas
- Art therapies
- Spanish learning plan (Conversational)

The typical week

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8hs	OFF	OFF	OFF	OFF	OFF	OFF	OFF
9hs	OFF	OFF	OFF	OFF	OFF	OFF	OFF
10hs	MORNING GLORY	MORNING GLORY	MORNING GLORY	MORNING GLORY	MORNING GLORY	OFF	OFF
11hs	FOOD BANK WORK & LOGISTICS	TEAM WORK	TEAM WORK	COMMUNITY PERMACULTURE	OFF	OFF	OFF
12hs					OFF	OFF	OFF
13hs		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
14hs	LUNCH	TEAM WORK	Personal Coaching	TEAM WORK	Spanish level 1	OFF	OFF
15hs	FOOD BANK WORK & LOGISTICS		SUSTAINABILITY	NGO MANAGEMENT	Spanish Level 1	Spanish level 2	OFF
16hs					Spanish Level 2	COMMUNITY BUILDING	OFF
17hs	ROCK CLIMBING	MARTIAL ARTS	YOGA	MEDITATION			OFF
18hs		OFF	OFF	OFF	Homeless solidarity actions EVENT ORGANIZATION	OFF	OFF
19hs		OFF	OFF	OFF		OFF	OFF
20hs		OFF	OFF	OFF		OFF	OFF
21hs	BREAD BANK	OFF	OFF	OFF		OFF	OFF

Since our vision of Community Building is constantly & empirically improved, the schedule is more a model to give you an idea but can be adpted regarding necessities.

Program fees

The program includes:

- Accommodation in a room with either 4 or 2 beds
 - 1 flat exclusively for boys with a terrace
 - 1 flat exclusively for girls with a balcony
 - 2 rooms for accommodation in the center
- Unlimited internet 24/7 at EnriquezArte
- Excursions in the city, organized weekly by EnriquezArte
- Washing and drying machines at EnriquezArte
 - Washing machines in each flat
- 7 lunches a week at EnriquezArte, cooked by scheduled volunteers
 - Food for 14 home cooked meals a week (for breakfast and dinner)
- Facultative workshops, activities and/or classes organized by EnriquezArte.
 - These include open mics, dance classes, cacao ceremonies, climbing, hiking or outdoor excursions.



- Less than 1 month : 50€ / day
- 1 MONTH: €1500* / €2000**
- 1 QUARTER: €3000* / €4500**
- 1 SEMESTER: €5500* / €7375**
- 1 YEAR: €10000* / 14900**
- 2 YEARS: €15000* / €22100**

**Classic Program*

***Premium Program (private room, special activities, coaching, therapies..)*





CERTIFICATE IN COMMUNITY BUILDING & VOLUNTEERING PROJECT MANAGEMENT

proudly delivered to

Katrine ANDERSEN

For achieving succesfully his evaluation with the final mark of
79 / 100 points

BARCELONA, NOVEMBER 2022



JEAN BEN-ILLOUZ
President & Founder



JIMENA REMÓN
Volunteership Manager



PLATAFORMA
DEL VOLUNTARIADO
DE ESPAÑA



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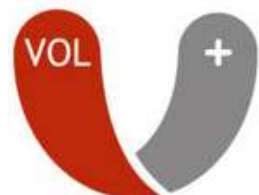
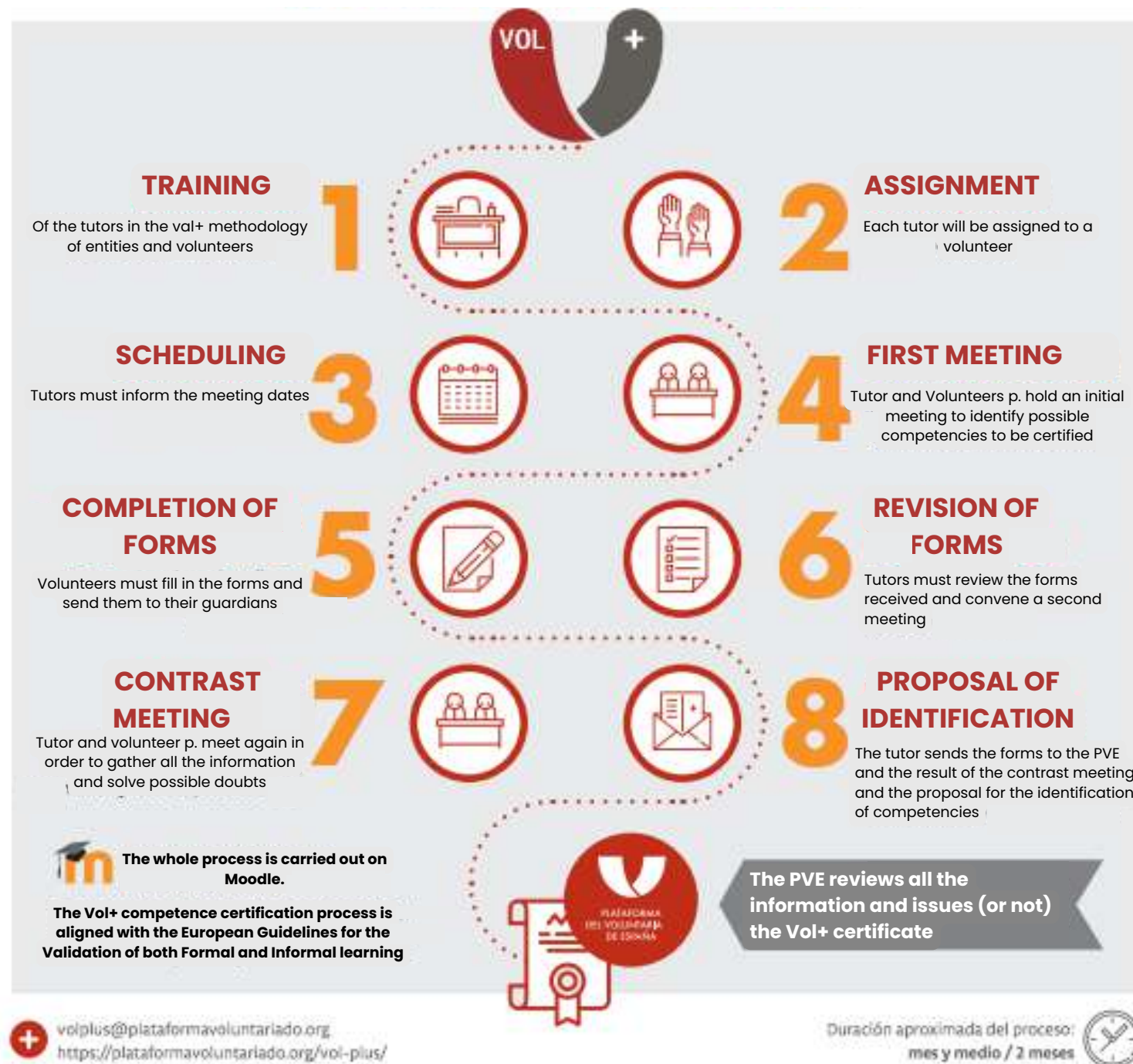
Generalitat de Catalunya
Departament de Benestar Social i Família
Direcció General d'Acció Cívica
i Comunitària

Cens d'Entitats del Voluntariat Número d'inscripció 0018600-000



A Diploma delivered by National authorities

Phases of the Process



PLATAFORMA
DEL VOLUNTARIADO
DE ESPAÑA



GOBIERNO
DE ESPAÑA

MINISTERIO
DE DERECHOS SOCIALES
Y AGENDA 2030



POR SOLIDARIDAD
OTROS FINES DE INTERÉS SOCIAL



COMPETENCIAS A TRAVÉS
DEL VOLUNTARIADO

La Plataforma del Voluntariado de España certifica que:

SILVANA YURANI BENAVIDES ORTEGA

con DNI AO748572

ha obtenido las siguientes competencias a través del voluntariado:

Competencia 1: Analizar y resolver problemas	Nivel Avanzado
Competencia 2: Iniciativa y autonomía	Nivel Avanzado
Competencia 3: Flexibilidad e Innovación	Nivel Avanzado
Competencia 4: Capacidad de liderar iniciativas	Nivel Avanzado
Competencia 5: Organización y planificación	Nivel Avanzado
Competencia 6: Comunicación interpersonal	Nivel Avanzado
Competencia 7: Trabajo en equipo	Nivel Avanzado

En Madrid a 07/02/22

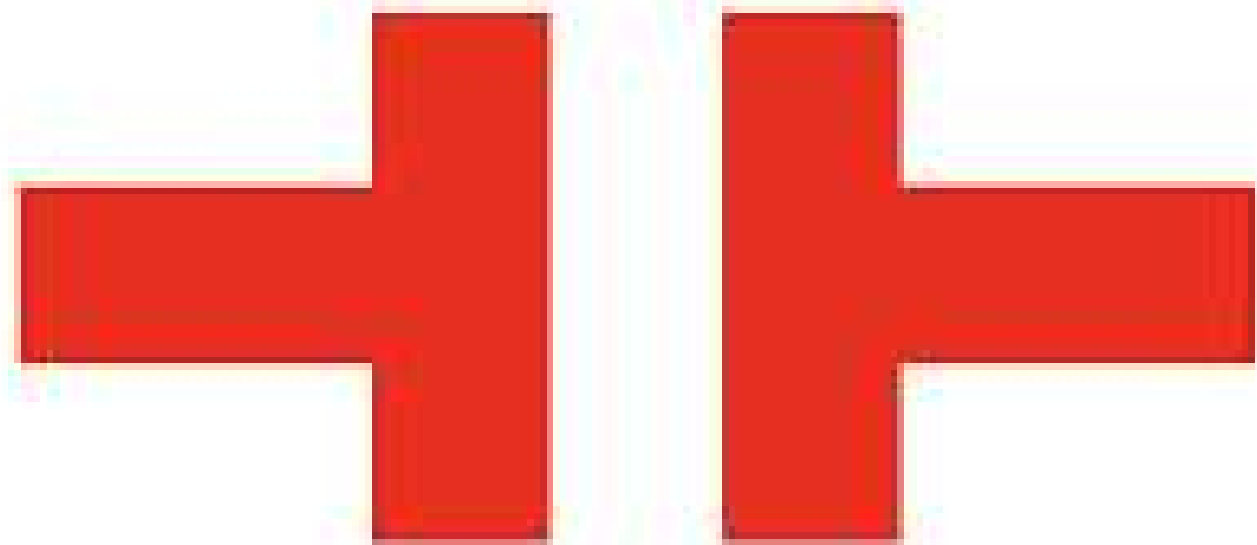
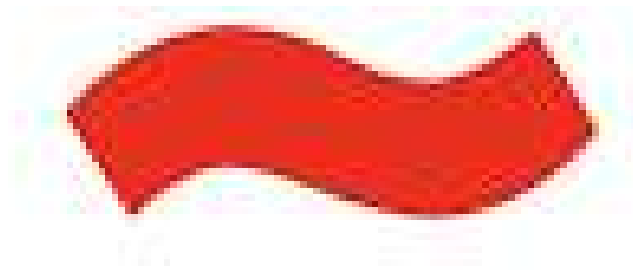
Luciano Poyato, presidente



Get graduated by CERVANTES INSTITUTE

Our non-spanish speaker students are receiving daily spanish classes to classes prepare the DELE exam.

DELE is a standardized exam where you are tested on your Spanish language proficiency. This examination tests your reading, writing, listening, and speaking capabilities to obtain your official Spanish qualification. Passing the official exam requires the approval of the teacher and an additional fee of 150€.



Instituto
Cervantes



International Grade



Volunteering offers many benefits, not only the opportunity to develop professional skills and grow as a person, but also helps the local communities you support build a brighter tomorrow.

By earning a grade based on your volunteer experience, you'll earn internally recognized academic credit, something to show others (universities, future employers, and others) what you've accomplished through volunteering abroad.

Academic Credits

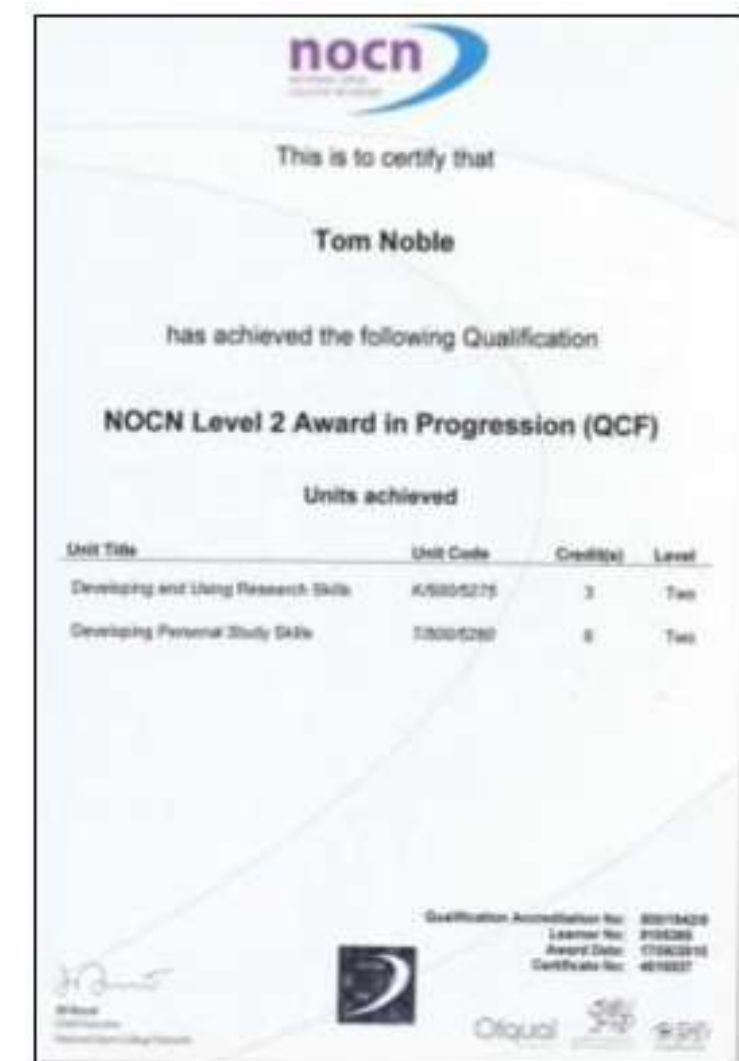
Our Diploma is worth 16 UCAS points or 41 credits in the UK university system. If you're going to university but taking a year off to travel and volunteer first, those extra UCAS points could make the difference between a good university offer and a great one. If you plan to study in the EU or the US, the good news is that these credits are recognized there to.

E-Learning

The Diploma can be completed at your own pace and its five modules are designed to be taken before, during and after your training. It can be completed in as little as two months, but many students take up to a year. Learning is based on inquiry, homework, and assignments, with online teacher support whenever you want. While abroad, all you really need is access to an internet connection to get support and upload your work.

Origin of the qualification

The CGCS team and the enriquezArte School bring decades of leading experience in volunteering, online learning, and delivering major volunteer programs. Our Level 3 Diploma is accredited through the National Network of Open Universities, one of the best in the UK.



Contact

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